

Forward Motion

HCNW 2012

1. Singing musical sounds, not notes and words
 - a. Singing target sounds
 - b. The rules of word connection
 - i. Anticipatory, target and continuant vowel sounds
 - ii. Blending identical and similar consonants
 - iii. The sounded “th” (with someone like you, “t” (heart of my heart)
 - iv. Softening hard consonants: back, Christmas, forever,
 - v. Images: visual, auditory and kinesthetic
2. Breathing for forward motion
 - a. The silent breath – larynx in front, tongue relaxed
 - b. Planning time within the rhythm to breathe – Little ‘Liz
 - c. Breathing with the mood – the speed and sound of the breath
3. Musical development and forward motion
 - a. Finding the emotional goal of the music – Our Song
 - b. Lyrical, melodic, harmonic, and arrangement clues – Bring Him Home
4. Phrasing and pulses – Zander video - TED
 - a. Every phrase a pulse point
 - b. Every song a climactic point
 - c. Pulses can destroy motion or enable it
5. Motion and Emotion
 - a. The breathing connection – the swamp
 - b. The moving body connection
 - c. The choreographic connection
6. Conducting for forward motion
 - a. Conducting pulses to create meaning in the phrase
 - b. Feeling and showing beginnings, pulses, and endings.

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