



# Personal Leadership in Action

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## Setting and Achieving Goals *PARTICIPANT PACKET*



BARBERSHOP HARMONY SOCIETY

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Area	Today's Date	Final Target Date	Date Achieved
<p><b>Goal (Specific, Measurable, Attainable, Realistic, Tangible → stated positively, stated in the now)</b></p> <hr/> <hr/> <hr/> <hr/>			
<p><b>Benefits from Achieving this Goal:</b></p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>			
<p><b>Possible Obstacles:</b></p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>		<p><b>Possible Solutions:</b></p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	



## Goal Setting Worksheet

Specific Action Steps for Achieving This Goal:	Who is Responsible?	Target Date	Review Date	Completion Date
1. _____ _____				
2. _____ _____				
3. _____ _____				
4. _____ _____				
5. _____ _____				
6. _____ _____				
7. _____ _____				

### Method of Tracking Progress

Is it worth the time, effort and money to reach this goal?

\_\_\_\_\_ Yes \_\_\_\_\_ No

\_\_\_\_\_ Yes, but later



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